

# Making a Run for Recovery Drive Wish List

This drive is for the local Adapt Crossroads Inpatient Treatment Program. It is a comprehensive care center that provides addiction treatment services to men and women struggling with substance use. Among the services available they offer medically supervised detox and short-term residential care. Services are rooted in evidence-based practices but also recognize the unique health needs that all clients face. The listed items below are things commonly lacking when someone enters the program that can help reduce stress and make the stay more comfortable.

We appreciate any help you can provide with the following:

- ☐ Shampoo
- ☐ Conditioner
- ☐ Bodywash
- ☐ Bars of Soap
- ☐ Deodorant
- ☐ Shower Shoes – adult sizes
- ☐ Hiking / Tennis Shoes  
Women size 5 ½ to 11  
Men size 8 to 12  
(can be gently used)
- ☐ Underwear for Men/Women
- ☐ Socks for Men/Women
- ☐ Makeup Remover
- ☐ Fingernail Clippers
- ☐ Brushes / Combs
- ☐ Hair Ties/Scrunchies
- ☐ Feminine Products
- ☐ Q-Tips
- ☐ Loofah / Wash Cloth

## **Don't have time to help today? No problem.**

Take the list with you and contact Tanaya at the number listed on the flyer for drop off locations.

Thank you for your consideration to help this program that provides a new beginning for those suffering with a substance abuse disorder.



## **Items we CANNOT accept:**

- Alcohol based items (such as hand sanitizers, certain lotions, perfumes, etc.)
- Mouthwash
- Lotions of any kind
- Perfume