

EVERYONE DESERVES TO FEEL SAFE AT HOME



You are not alone

- Relationships where one person has all the power and control are not healthy or safe.
- The Oregon Department of Human Services (ODHS) is here for you and your children. So are domestic violence advocates!

How ODHS can help

- Families and pregnant people can get cash help if they are not safe because of domestic violence. This help comes from the Temporary Assistance for Domestic Violence Survivors (TA-DVS) program.
- You can get help for 90 days for things like:
 - Moving costs
 - New locks, and
 - Security cameras.



Ways to apply

- Call an ODHS office and ask to apply by phone.
- Fill out the [DHS 415F Application for Services](#) and submit it in person, or by email, fax or mail. Find this application online or in an office.



When you ask for domestic violence help

ODHS will offer:

- To talk with you about safety and offer resources right away
- An appointment within **16 working hours**.



Connect to a domestic violence advocate

Confidential domestic violence advocates are in most Self-Sufficiency Program (SSP) and Child Welfare (CW) offices.

Advocates offer:

- To plan for safety
- Resources, and
- Someone to talk to.

Ask your ODHS office to help you get an advocate.

625550-DHS 2384 (06/2024)

For Help to Stay Safe



To find your local advocate visit:
<https://www.ocadsv.org/find-help>



To learn more about domestic violence help visit:
<https://www.oregon.gov/odhs/dv/Pages/tadvs.aspx>

Call the National DV Hotline 1-800-799-7233 or text LOVEIS to 22522



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