



ACTIVE RECOVERY TMS OPENS NEW CLINIC IN SALEM

When traditional treatments for depression fail, there is another option.

TMS - An Alternative Option

Transcranial magnetic stimulation (TMS) is a safe and effective FDA-cleared treatment for patients whose symptoms have not improved with at least two antidepressant prescription treatments or have not achieved the desired results. TMS uses a highly focused, pulsed magnetic field (similar to an MRI) to stimulate the left prefrontal cortex, which modulates the regions of the brain involved in mood regulation.

NON-MEDICATION TREATMENT FOR DEPRESSION

- Treatment period lasts 6 weeks, administered on an outpatient basis
- Each treatment takes 20 minutes, 5 days per week
- Patients can drive home after treatment
- Minimal side effects
- Covered by most insurance plans including Medicare and Medicaid



20 Minute Sessions



5 Days a Week for 6 Weeks



FDA Cleared



Covered by Most Insurance Plans



BOULDER CREEK LOCATION

2525 12th St SE, Suite 210
Salem, OR 97302

503-683-8438 

www.activerecoverytms.com

Now Accepting New Patients!

Research indicates that stimulating the dorsolateral prefrontal cortex (dlPFC) with TMS can significantly reduce the symptoms of depression.¹

ACTIVE RECOVERY TMS RESULTS

79%

of our patients showed a greater than **25% reduction in PHQ-9 depression scores**

56%

of our patients experience a **50% reduction in PHQ-9 depression scores**

33%

of our patients achieve **remission scores on the PHQ-9**

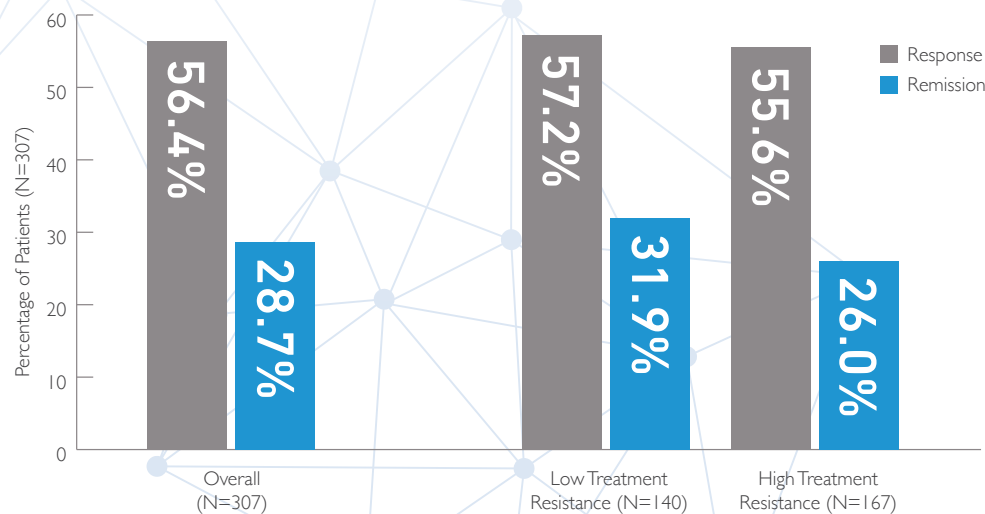
Out of

160+

patients treated, **less than 5% have dropped out of treatment early**

PHQ-9 OUTCOMES

Source: Carpenter, et al. *Depression and Anxiety* 29:587-596 (2012)



JONATHAN HOREY, M.D.

Active Recovery TMS was founded in 2016 by our board-certified psychiatrist, Dr. Jonathan Horey, and was the first independent clinic of its kind in Portland. Dr. Horey began working with TMS patients during his psychiatry residency at Columbia University, where many of the early and important studies on TMS were conducted. Dr. Horey has since completed more extensive training in TMS and keeps himself up-to-date with the latest brain stimulation research and techniques.

¹. *Neuropsychobiology*. 2012 Jun;65(4):227-35. doi: 10.1159/000336999. Epub 2012 May 25.