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FOR IMMEDIATE RELEASE

NATIONAL PAL ANNOUNCES BETHANY LAU AS THE AUGUST 2020 INSPIRATIONAL LAW ENFORCEMENT OFFICER HONOREE

Lau selected from a nation-wide search of all National PAL Members

Charlotte, NC- The National Association of Police Athletic/Activities Leagues, Inc. (National PAL) is pleased to announce the August Law Enforcement Officer recipient of its monthly Inspirational Awards which recognizes individuals in the National PAL network who inspire their colleagues and friends and are steadfast in their service to their communities.



The August National PAL Law Enforcement Officer of the Month is **Bethany Lau** of the Police Activities League of SW Washington. Deputy Sheriff Lau currently holds a total of three leadership positions within PAL of SW Washington. As the Literacy Event Lead, Lau organizes literacy events, recruits law enforcement officers for event participation, and educates youth at the literacy events. As the Explorers Post Educator, Lau mentors and teaches 15-20 young adults about the day to day duties of a Deputy Sheriff. Her mentorship activities often include individual specific conversations, journaling, teaching, and hiking. Due to the COVID-19 pandemic, Lau has recently taken on the Virtual Coordinator role to keep participants active in their mentorship activities and engaged online. Not only does Lau build relationships with youth and teens in her community, but she also selflessly dedicates herself to fundraising opportunities including a 5k run in full uniform. Most notably, Lau was also selected as the 2019 PAL of SW Washington's Law Enforcement Volunteer of the Year competing with numerous community-oriented officers across eight agencies.

"The National PAL 2019 Law Enforcement Officer of the Year Award seeks to honor a deserving officer who has gone above and beyond the call of duty to connect with the youth of his city in support of the mission and vision of the PAL program," said National PAL CEO Jeff Hood. *"Since its inception, the Law Enforcement Officer of the Year award has evolved into a comprehensive mentor recognition program which considers the number of volunteer hours and the quality of their impact in the lives of youth."*

For more information on National PAL and to find a PAL Chapter near you, visit our website at www.NationalPAL.org

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About The National Association of Police Athletics/Activities League, Inc. (National PAL)

National PAL exists to prevent juvenile crime and violence by providing civic, athletic, recreational, mentoring and educational opportunities and resources to all National PAL Member Chapters. National PAL builds bridges between kids, cops, and the community, fostering a positive environment across the country. As a membership organization,

National PAL provides local Chapters with training, resources, and opportunities to create a new program to improve upon and enhance the quality of existing programs and to increase opportunities in their community.